

Building a Women's Circle.

What is a women's circle?

Why do I want a women's circle?



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Who would I invite?

Where would we have it?



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How often?, Weekly? Fortnightly? Monthly?

For how long? Meal or snack?



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When, Where, and with whom will you share your first circle?

A CIRCLE OF WOMEN MAY BE THE MOST POWERFUL FORCE KNOWN TO HUMANITY. IF YOU HAVE ONE, EMBRACE IT. IF YOU NEED ONE, SEEK IT. IF YOU FIND ONE, FOR THE LOVE OF ALL THAT IS GOOD AND HOLY, DIVE IN. HOLD ON. LOVE IT UP. GET NAKED. LET THEM SEE YOU. LET THEM HOLD YOU. LET YOUR RELUCTANT TEARS FALL. LET YOURSELF RISE FIERCE AND LOVE GENTLE. YOU WILL BE CHANGED. THE VERY FABRIC OF YOUR BEING WILL BE ALTERED BY THIS, IF YOU ALLOW IT. PLEASE, PLEASE ALLOW IT.

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<http://www.peacelovefree.com/2012/03/23/a-circle-of-women/>



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What kind of questions will you use for your circle?



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What suggestions for the agreements do you have?

What does SAFE mean to each of us? How can we build this for ourselves and each other?



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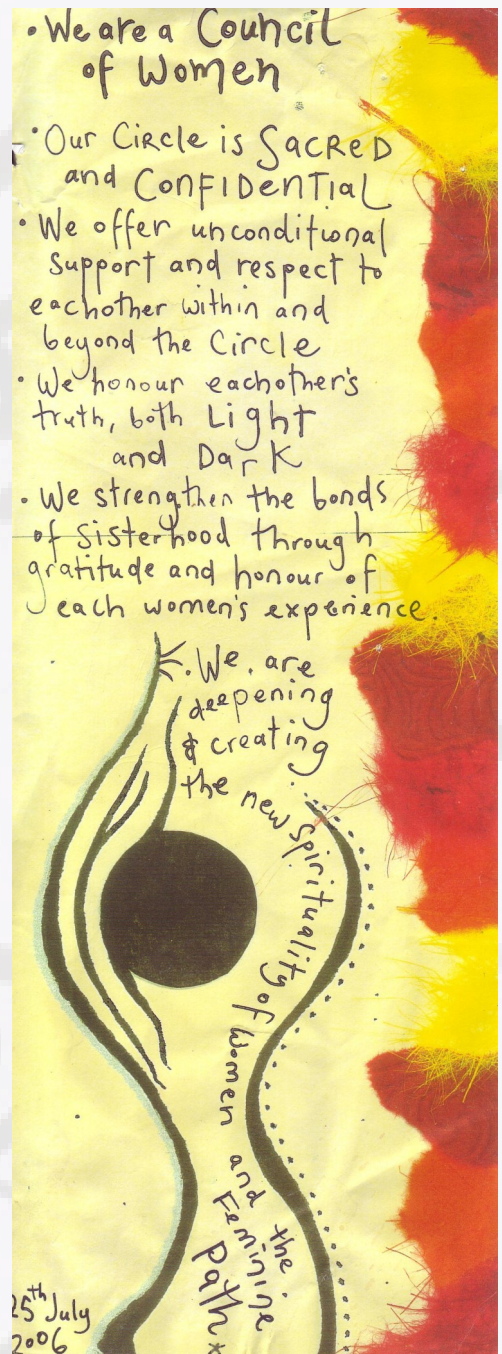
The conflict resolution tools I will recommend we use in the circle.



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What Principles and values are important to you?



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What kinds of Artefacts do you think you and your circle could create?



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What kinds of Practices and Rites do you think you and your circle could create?



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What “Beginnings” would you like to try? How would you assist everyone to arrive and drop the outer world?

What “Middles” would you like to try? How would create a safe and functional sharing environ?

What “Ends” would you like to try? How would you finish your circle?



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List the music you could use?

Which voice tools will you use to assist everyone to open their throats?



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What kinds of Co-creating art, experiences, and offerings to others do you think you and your circle could create?



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What Strengthens or weakens our Circle.

Things that can happen:

Strengthens Weakens

Sharing the contents of the circle with others.

Sharing the your own experience of being in circle.

Judging someone else as doing their life wrong.

Recognising from what you've learnt in circle you want do your life differently.

Speaking about someone when they are not present to share their perspective.

Getting clear on what you are feeling about a given situation.

Turning up late, often, or just not showing up.

Having a yearly group gathering with all the partners and children.



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I have had the blessed opportunity to interview many incredible women. I will hopefully be adding more women to this conversation as they arrive. For now, these are the women that are in the classes and their main contact details:

Jane Hardwicke Collings: <http://schoolofshamanicmidwifery.com>

Devashi Shakti: <http://www.tigressyoga.com>

Wendy Bennet: <http://www.wombofcreativity.com/>

Michelle Buggy: <http://www.birthingartbirthingheart.com/>

Helena Unique Ambrosia: <http://www.uniqueambrosia.com/>

Christina Kylie Reeves: <https://www.facebook.com/groups/136629556530326/>



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This selection of organisations from around the world that have both physical and online circles for women to participate in, is but a fragment, please explore and share here what you have found.

The Red Tent Temple Movement is a truly inspired organization. Check out their website for a huge collection of people and tools to make a red tent/women's circle a reality for you!

http://www.redtentmovie.com/red_tents_near_you.html

<http://www.millionthcircle.org/>

<http://www.gatherthewomen.org/> Extensive organization.

<http://leanincircles.org/> This group is for all kinds of circle., not just women's circle, looks strong.

<http://www.ladiescircle.co.uk/> For anyone in the UK.

<http://www.findawomenscircle.com/> is just beginning, but on it's way to a powerful tool!

<http://thewildwomanproject.com/find-a-moon-circle/>

<https://holdingwomanspace.com/>



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Meetup.com and a search of “Women’s Circle” with the location to “anywhere” illustrated that this tool is being used extensively to let women know what other women are doing. Once you have an account, searching for 50 miles from you could easily reap a bounty of women’s circles.

Sharing in circle can have all the flavours and styles that there are humans. Circle has many offerings to access you. Thus finding and/or building your own becomes an expression of you. This list is for the beginning parts, the exploring. May there be many moments to learn!

Choosing to pay for a circle experience as you learn to build your own, is always a choice that we are offered and doing so can be an AWESOME learning curve. If you’ve never felt or seen or known what a women’s circle is, how can you build one? Taste it, take a long deep drink. Just remember every woman you admire in this space, began where you are now, just learning.

This section will continue to grow as we learn about more and more offerings for women to connect with women. Please have a look and see if there is a circle near you!



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This is a section that I wanted to share the resources for Circle. Like art and the amazing artists that create it. Other artefacts, artists, music. Circle Technologies.

MUSIC: <http://www.peruquois.com/music/> SO much here, multiple albums of goodness.

Wendy Rule has some amazing music: <http://www.wendyrule.com/>

Shylah Ray Sunshine. <http://www.shylahraysunshine.com/>

Gabrielle Roth's work: <http://www.5rhythms.com/shop/>

There are incredible artists out there, probably in your community too! By accessing the art that holds the sacred, we are held sacred.

Circle Technologies; those beautiful things that can only really be held open by a group of women that know and love each other are beginning. My work, www.livinggently.com.au has a few beauty-full workings such as StarFire and Harnessing the Fertile Force to share.

Please let us know if find any more! Add their details to the discussion section of this lecture. Then once a month I will add them to the original document.

There is a FB group that you are warmly invited to share.

<https://www.facebook.com/groups/846172075477243/>



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This work has been incredibly good to do. I have learnt so much about the bounty of women's circle that I had to share! I do hope I have conveyed enough for you to take in and begin.

The learning needed to bring this to a Udemy class has been invaluable. As I am still just learning, any feedback, comment or suggestion for inclusion will be gratefully received when offered in that loving intention to make life better.

A very big THANK YOU to Tjoni Johansen without whom this would not exist!

Another big THANK YOU to all that have been interviewed for this work. I do hope you will check out these women and the work that they share in the world.

An a THANK YOU to you! For taking the ride, reading this far, doing the work. No one can do this for you, but there is so much bounty in doing this together!

With BIG HUGS and Deep Respect and LOVE... Katherine Cunningham.



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